

'PRINCIPALLY YOURS'
THE NEWSLETTER OF THE BAI AVABAI FRAMJI PETIT GIRLS' HIGH SCHOOL

August 2026.

Dear Parents,

This month's Newsletter will give you a flavour of the diversity of activities that happen at our school and our emphasis on holistic education.

Students and teachers immerse themselves into all aspects of academics and events making it a wholesome learning experience for our students.

Deafblind Awareness Day Celebration

Deafblind Awareness Day is officially observed every year on 27th June to mark the birth anniversary of Helen Keller. To spread awareness and to remind ourselves that inclusion is not just a value to be spoken about but to be practised every single day. We celebrated this day in our school on 7th August, 2026.

The day is dedicated to creating awareness about deafblindness and highlighting the importance of empathy, accessibility, acceptance and inclusion.

We began the programme with a video of our National Anthem in Indian Sign Language, beautifully presented by children with diverse needs. It was a powerful reminder that love for our country knows no barriers, and that every child, regardless of ability, has unique talents and deserves equal opportunities to participate, shine and be celebrated.

This was followed by an experiential activity. Students and staff were requested to remain completely silent for 30 seconds and greet the person sitting next to them without speaking — to say "Good Morning" or "Thank You" using only their hands, facial expressions or a smile. The activity conveyed a profound message — that communication is much more than speaking and hearing. A smile, a gesture, or sign language can express kindness and help us connect with one another.

We also watched a short video on the inspiring life of Helen Keller, whose journey reminds us that courage, determination and the right support can help overcome even the greatest challenges.

To celebrate this beautiful message of inclusion, students of Classes 5 and 6 presented a special dance performance using gestures on the song 'Sare Jahan Se Achcha'.

The programme concluded with everyone taking a pledge:

"I promise to be kind.

I promise to respect everyone.

I promise to include everyone.

Together, we can make our school a place where everyone belongs."



Independence Day Celebration

The 80th Independence Day was commemorated with great patriotic fervour in our school. The celebration commenced with the flag hoisting, accompanied by a synchronised drill performed by students of Class 6 and a spirited rendition of the Marathi state song, 'Jai, Jai Maharashtra Majha' and the National Anthem.

The programme conducted thereafter, highlighted the theme, 'Yuva Shakti for Viksit Bharat 2047' that reflects India's journey and its aspirations for the future.

Stirring speeches in Hindi, Marathi and English were delivered by our Class 10 students emphasising the significance of this day and the important role of the youth in nation-building. A lively medley of patriotic songs and a graceful dance was put up by students of classes 6 and 9 respectively, further showcasing our cultural richness.

A special segment was dedicated to commemorating 150 years of Vande Mataram. A short film on its history was played that illuminated the song's profound role in kindling the spirit of nationalism. Each one present solemnly pledged to strive to achieve complete literacy in our own small, but significant way.

The event concluded with our dear Principal giving her address. She spoke of patriotism, unity and collective resolve towards the nation's progress, honouring both the spirit of freedom and the enduring legacy of Vande Mataram.



“Through My Lens” – Inter-House Photography Competition- 18th August.

The “Through My Lens” Inter-House Photography Competition was organized for students of Classes VIII–X with the theme “Environment Appreciation in School.” The competition aimed to nurture creativity, observation, and visual storytelling while encouraging students to discover and appreciate the beauty of their school environment through photography.

Students enthusiastically captured images highlighting the beauty, harmony, and importance of nature within the school campus. The activity also provided an opportunity for students to explore the fundamentals of photography, including composition, framing, lighting, and perspective, while promoting responsible and ethical photography.

Results:

1 1st Place – Orbit House

2 2nd Place – Ava House

3 3rd Place – Petit House

The event was a wonderful celebration of creativity, environmental appreciation, and artistic expression, making it a memorable experience for all the participating students.



International Day Against Drug Abuse and Illicit Trafficking

The school observed the ‘International Day Against Drug Abuse and Illicit Trafficking’ by participating in the National Pledge Against Drug Abuse organized by the Department of Social Justice and Empowerment on 18th August, 2026.

Students of the Secondary Section presented speeches, a poem and a song. The message conveyed was powerful — drugs do not just harm one individual, they damage families, schools and entire communities. They lead to severe health problems, affect academic performance and can even push people towards crime.

The day reminded us of two important goals:

1. To understand the dangers of drug abuse and make healthy choices.
2. To work together globally to stop illicit drug trafficking.

Students have a vital role to play in this mission. They can stay informed, support their friends, say no to peer pressure and channel their energy into sports, hobbies and studies. Our students also prepared slogans on drug awareness and walked through the assembly carrying them, each one spreading an important message about choosing health, making responsible decisions and staying drug-free.

‘Say No to Drugs, Say Yes to Life!’

Let us always remember — our future is in our hands, and the best choice we can make is to stay healthy, stay strong and stay drug-free.



National Sports Day Celebration – Celebrating the Spirit of Sportsmanship

“A healthy mind resides in a healthy body.”

National Sports Day was celebrated with great enthusiasm and fervour in our school, on August 31, commemorating the birth anniversary of Major Dhyhan Chand, the legendary hockey player fondly remembered as the “Wizard of Hockey.” The day was organised by the P.Ed. Department with the aim of highlighting the importance of sports, fitness, teamwork and sportsmanship among our students.



The celebration commenced with a special morning assembly dedicated to Major Dhyhan Chand and his remarkable contribution to Indian hockey. The Games Captain delivered an inspiring speech highlighting his extraordinary achievements, dedication and passion for the sport. A thoughtfully prepared PowerPoint presentation further introduced the students to the life, achievements and legacy of this sporting icon. The assembly came alive with a spectacular Mallakhamb display by the girls of the Primary Section. Their strength, flexibility, balance and confidence were truly commendable. The performance was greatly appreciated and served as a wonderful reminder of the importance of physical fitness and perseverance.

The celebrations continued throughout the day with an exciting array of sports and recreational activities planned specially for the girls. The P.Ed. teachers ensured that a variety of games were organised, keeping different sporting skills and abilities in mind and giving every student an opportunity to participate, enjoy and experience the joy of playing.

For the Primary Section, Classes I to IV, the games were conducted in the Primary Assembly Hall, where the young participants enthusiastically took part in age-appropriate activities designed to develop coordination, agility, speed and teamwork.

For the Secondary Section, Classes V to VIII, the activities were organised in the Gymnasium. The students participated with tremendous energy and competitive spirit, demonstrating their sporting abilities while learning valuable lessons about cooperation, discipline and fair play.

The entire day was filled with enthusiasm, laughter, healthy competition and team spirit. More than simply celebrating a day dedicated to sports, the programme encouraged our girls to recognise the importance of an active and healthy lifestyle.

The National Sports Day celebration was a memorable experience for all, reminding us that sports are not merely about winning medals but about building character, confidence, discipline, resilience and lifelong friendships. The P.Ed. Department's efforts made the day a vibrant celebration of fitness and the indomitable spirit of sport.

As we remember the legacy of Major Dhyhan Chand, his dedication continues to inspire generations to dream big, work hard and strive for excellence—both on and off the field.





The school participated with great enthusiasm in the Inter-School Bandra Gymkhana English Elocution Competition, with our girls competing across several categories and demonstrating exceptional confidence, expression and command over the English language. Their impressive performances earned them several prizes across the various categories, reflecting their talent, preparation and dedication. Adding to this remarkable achievement, our girls were adjudged the **Overall Best Girls' School**, bringing great pride and honour to the school. Their success is a testament to the students' hard work and the guidance and encouragement of their teachers and Principal.



PRIMARY SECTION

On 4th August, the Grade 4 students organised a fascinating exhibition on **Personal Sources of History**. They proudly displayed treasured family heirlooms, some of which were nearly 250 years old and had been carefully passed down through generations. Each student confidently shared the story and historical importance of their artefact. The exhibition helped the children understand how personal belongings preserve family history and connect us with our heritage. It was an enriching learning experience that brought history to life.



Our young learners went on an exciting journey to explore the different rooms in a house! As part of their EVS project on “Shelter”, the children learnt that every room in a house has a special purpose.



As part of our Science learning, the students of Std. 3 explored the wonderful world of plant products. Through a hands-on activity, they discovered how plants provide us with many useful products that are a part of our everyday lives. The children explored products such as oils, medicines, tea, coffee, spices and fibres and learnt about the plants from which these products are obtained.



Kiara Pereira std 4A won second prize in Dance Duo below 10years in St Andrew's All Bandra Zonals 2026.



PRE-PRIMARY SECTION

The Pre-Primary Section came alive with joy, pride and patriotic spirit as we celebrated **Independence Day Week** with our little learners. Through a variety of fun-filled activities, art and craft, songs, dances and engaging classroom experiences, our children discovered the meaning of freedom and learnt about the rich heritage of our country.

The week was a beautiful blend of **learning, creativity and celebration**, giving our young children an opportunity to express their love for India in their own special way. Dressed in the colours of our national flag and filled with enthusiasm, our little patriots celebrated the spirit of **unity, diversity and togetherness**.

It was a week filled with smiles, learning and memorable moments as we nurtured a sense of **pride, respect and love for our nation** in the hearts of our youngest citizens.

Playschool



Playschool- Tricolour snacks and Fancy dress cum elocution

Nursery



Nursery- Fancy dress cum elocution and art activity



LKG

LKG- Quiz, Independence themed
bingo and tricolour snacks



LKG A & B – Art activity



LKG A & B – Fancy dress cum elocution activity



HKG A & B – Folk Dance



HKG- Tricolour clay moulding, Independence themed bingo and art activity



HKG- Warli art and quiz competition



HKG- Tricolour day and snacks



Parsi New Year

Our school joyfully celebrated **Parsi New Year, Navroze**, with our young learners with colourful art work by making the auspicious fish. The children learnt that **Navroze marks a new beginning**—a time to welcome the year with happiness, gratitude, kindness and hope.

Playschool



Nursery



LKG A & B



HKG A & B



Raksha Bandhan

The children learnt about the significance of the festival and enjoyed engaging in making colourful **rakhis**, and spoke about the importance of caring for, helping and respecting one another. It was a joyful and meaningful celebration that reminded our children that the strongest bonds are built through **care, trust and affection**.

Playschool



Nursery



LKG A & B



HKG A & B



Playschool

They even celebrated **Purple Colour Day** with great excitement and enthusiasm! The classroom came alive with beautiful shades of purple as the children explored and discovered this vibrant colour.



Nursery Science experiment – Float and sink



Our Nursery children had a fun and exciting time exploring the fascinating world of science through a Float and Sink experiment. With curious little minds and eager hands, the children explored a variety of everyday objects the activity encouraged children to observe, predict, explore and discover while developing their early scientific thinking skills. Through this simple yet engaging hands-on experience, our little scientists learnt that science is all around us and learning can be fun!

Puppet Show

Our Art teacher and teachers of Playschool organised an interesting puppet show for the young learners of the Pre-Primary section. They enjoyed an engaging **puppet show** filled with colourful characters that beautifully highlighted the importance of being helpful and taking responsibility for our actions. Through a simple and relatable story, the puppets taught the children to lend a helping hand to others and to say “sorry” when they make a mistake or do something wrong. The lively presentation encouraged the children to understand kindness, empathy, and good manners in a fun and memorable way.



Ms. Diana Marfatia

Principal