

'PRINCIPALLY YOURS'

THE NEWSLETTER OF THE BAI AVABAI FRAMJI PETIT GIRLS' HIGH SCHOOL

August, 2025

Dear Parents,

Happy to share with you all that happened at our school in August. Please read through the newsletter and enjoy doing so.

Bagless Days for Stds 6 to 8

In the month of August 2025, the students of grades 6, 7 and 8 had a fun "bagless day" where they learned about nutrition and healthy eating. This was their 2nd bagless day of the year, and they were all looking forward to it. The day started with the children learning about the different food groups and how to maintain a balanced diet. Next, the students got to draw their own plates with all the food groups in the appropriate quantities. The nutrition activity continued as the students looked at the back of popular snacks and compared them with the actual nutrition facts which were obtained by scanning it on an app. The students found it quite eye-opening when they saw just how many calories, added sugars, and protein were often lied about on the packaging. The students enjoyed the activity a lot and learned a lot more about nutrition. They went home exhausted but happy, thinking about what the next fun-filled bagless day would have in store for them.



Independence Day was celebrated with much gusto and patriotic fervour at our school on 15th August 2025, 9.00 am onwards. The celebration started with the hoisting of our National Flag and a physical exercises display. After this, various speeches and poems were recited on our dear Country and petriotic dances and songs followed. The Principal ended the celebration with her thought provoking speech spurring on all present-young and old to value our independence and truly be independent in various aspects of life and perform our duties as citizens.



Economics: Project Based Learning

In order to promote learning beyond textbooks, an activity was conducted in the Economics class for Std 9, on 8th August, 2025, where students prepared presentations on topics related to current affairs and geopolitics. The students researched independently on issues that extended beyond the prescribed syllabus, analysed their findings, and presented them through well-structured PowerPoint presentations. The activity encouraged critical thinking, research skills, and awareness of real-world economic situations, helping students connect classroom concepts with global developments.



Cyber Safety Awareness Workshops – Empowering Students, Parents and Staff

Our school recently hosted a series of **Cyber Safety Awareness Workshops**, conducted by **Ms. Shilpa Chandolikor**, a renowned advocate for cyber safety and child online protection. Through the Ahaan Foundation's flagship initiative, **Responsible Netism**, Ms. Chandolikor and her team have successfully educated over 1 million children and adults about responsible online behaviour.

The workshops were designed to educate students, parents, and staff about the importance of responsible online behaviour and cyber wellness.

Students' Workshop:

On August 21, 2025, students from Classes 8, 9, and 10 participated in a 1 hour 30 minute workshop that covered essential topics such as:

- Types of cybercrimes against children
- Psychological impact of irresponsible online behaviour
- Technical tips to secure accounts and devices
- Legal implications and reporting mechanisms for cyber incidents

The session aimed to equip students with the knowledge and skills to become resilient, handle online distress effectively, and become responsible internet users.

Parents' and Staff's Workshop: 'Building Digital Guardians'

On August 23, 2025, parents and staff attended a 1 hour 45 minute workshop titled '**Building Digital Guardians**'. The session focused on:

- Managing screen time effectively
- Constructive use of social media
- Safe online gaming practices
- Security tools and measures to protect accounts and devices
- Reporting mechanisms for cybercrimes

Both the workshops emphasized the significance of cyber wellness and its impact on children and youth. By working together, we can empower our children to stay safe online and become positive influencers of change.

Let us join hands to equip our children with the knowledge and skills to navigate the online world safely. Together, we can build a safer and more responsible digital community.



National Sports Day

29th of August was celebrated as 'National Sports Day' to commemorate the hockey legend Major Dyandhand, better known as the 'The Wizard of Indian Hockey'.

The students of the middle school presented a skit on the theme of various sports and depicted the life story of Vandana Kataria, the famous Indian hockey player. The skit narrated her struggle, devotion and resilience. Students were inspired by her story and enjoyed the skit. The audience led by the school's Physical Education Team took a pledge of staying physically fit and promoting sports among friends, family and society at large.

Students of Std. II to Std. VI performed an awe-inspiring mini pole and rope Malakhamb.

Indian games like Kho-Kho, Langadi and Dodge Ball were played by the middle school students, and also friendly inter-house matches of Football, Hockey and Basket Ball were held to bring about passion in the field of Sports in the week preceding this day.



ACHIEVEMENTS



S.R. SETHI INTER- SCHOOL ENGLISH ELOCUTION COMPETITION

Two of our students, Ivana D'silva of Class 8 and Nia Raman of Class 9, participated in the S.R. Sethi Inter- School English Elocution Competition organized by Marble Arch School which was held on the 6th, 7th and 8th of August, 2025. Ivana was placed 1st in the Grade 8 category and Nia won the 2nd place in the Grade 9 category. Our school also won the 3rd Place in the Best School Category. Congratulations to both our girls!

Heartiest Congratulations, Dear Vanshi!!



In a moment of pride for India, 12-year-old Vanshi Mudaliar from Mumbai has struck gold at the Golden Classical Music Awards—Tokyo 2025, performing live at the Tokyo Opera City Concert Hall on August 20. The young Western classical vocalist clinched the Gold First Prize, a rare honor for an Indian on this global platform.

This achievement comes close on the heels of her Silver Medal win at the Vienna International Arts Festival in 2024, making Vanshi one of the few Indian musicians—especially of her age—to secure consecutive international accolades across Europe and Asia.

PRIMARY SECTION

The Primary section celebrated National Handloom Day on the 7th of August with a program consisting of a small skit and several dances from the North, South, East and West of India. The skit brought to light the treasure trove of handloom varieties we find across India. Banarasi, Chikankari, Bandhej, Mysore silk, Kanjeevaram sari's were among some of the Handloom fabrics that were highlighted. Grades 1, 2, 3, and 4 put up lively cultural dances with colourful costumes. The program concluded with an inspiring address by the Principal.



ACHIEVEMENTS

Ariana Prabhu from std 4A, stood 3rd in Vault at the Infinity- Leap invitational competition, held at Infinity Gymnastics LLP Pune.



PRE-PRIMARY SECTION

The month of August at the Pre-Primary section began with the festivities for Independence Day. This Independence week, our Pre-Primary section came alive with the legacy of freedom brought to life through creativity, education, and folk dances. It's not just a day—it was a journey of learning, expressing, and remembering, where every activity paid homage to our nation's freedom.

Playgroup



Prize winners Fancy- dress competition

1st Zoha Shamsi

2nd Aisha Rehmani

3rd Tushita Naulakha

Consolation – Khizra Fatima Shaikh

Nursery





Prize winners Fancy-dress competition -Theme INDIA

Nursery A	Nursery B
1 st Fatima Sayed	1 st Hannah Cara Gracias
2 nd Aara Tarapurwala, Vamika Prasher	2 nd Asiya Husain, Rumaysa Qureshi
3 rd Jeshna Jain	3 rd Tashi Pai, Vahishta Karkaria
Consolation – Nyshaa Sukhadia	Consolation – Panizah Govadia

L.KG



Prize winners - Elocution competition

L.KG A	L.KG B
1 st Mavi Punjabi	1 st Chanelle Marie Lopes
2 nd Nora D'souza	2 nd Ilhaam Khan
3 rd Azaylea D'souza, Pranshi Kaur Arora	3 rd Leana Solanki, Meera Mishra
1 st Consolation – Zia Rangra	Consolation – Nitya Lalla
2 nd Consolation - Fatima Shaikh	
3 rd Consolation - Mischka Markus	

Prize winners - Art competition

L.KG A	L.KG B
1 st Mavi Punjabi	1 st Ilham Khan, Sidra Shaikh
2 nd Maryam Badshah, Mishkaat Fatima Toufique	2 nd Meera Mishra
3 rd Azaylea D'souza, Ziya Rangra	3 rd Ciana Desiree Jadhav, Haajra Sayed
Consolation – Ummehani Mansuri	Consolation – Prisha Sawant





H.KG



H.KG Art competition winners

H.KG A	H.KG B
1 st Furwah Sayed, Sakina Mister	1 st Amyra Mamniya, Anayra Babwani
2 nd Meher Gole, Kiah Mehta	2 nd Veeha Awari, Natasha Jivasa
3 rd Izza Merchant, Renee Bhale, Akira Yuk Lan Chin	3 rd Naira Ayaz, Husaina Mister
Consolation – Pashin Billimoria, Shaielle War, Riley Zuzarte	Consolation – Aizah Lussanwala, Zoey Rodricks



H.KG Folk dance competition winners

1st Vedanshi Gupta

1st Ziva Punjabi

2nd Furwah Sayed

2nd Aizah Lussanwala

3rd Samaira Shelar

3rd Amyra Mamniya

1st Consolation – Aaliya Mukadam

1st Consolation – Anayra Babwani

2nd Consolation - Sakina Mister

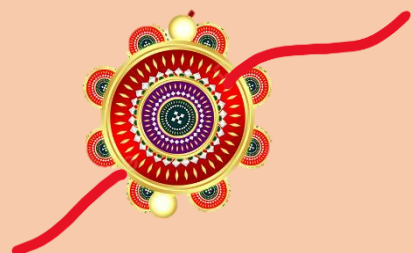
2nd Consolation - Shanaya Chopra

3rd Consolation - Aisha Merchant

3rd Consolation - Zoey Rodricks



The month of August at the Pre-Primary section was filled with festivities. Rakhi, also called Raksha Bandhan, is the bond of love between brothers and sisters. The children made beautiful paper rakhis for their siblings.



"Hathi Ghoda Palkhi... Jai Kanhaiya Lal Ki" the children coloured and decorated a dahi handi and celebrated the festival of Janmashtami with enthusiasm.



The Parsi New Year festival was celebrated by our Pre-Primary children by colouring the auspicious fish to welcome the new year with love and happiness.



The month ended with the festival of Ganesh Chaturthi where the children coloured the hibiscus flower in different art techniques and made delicious Modaks to compliment the festive season.





Colour Day is full of cheer, bright and happy, far and near! We wear colours, sing, and play, oh what fun is Colour Day! The children of the Playschool class celebrated their colour days.



Ms. Diana Marfatia

Principal